



## 2009 PINCOURT AQUATIC CLUB SCHEDULE

### Events & Activities Descriptions

last update on July 14, 2009

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| <b>Pre-Season Meeting</b><br>June 19     | This meeting is <b>NEW</b> and it's for <b>all club members</b> . We invite all swim and dive team members to come by and meet your coaches, pick-up your <b>red T-Shirts</b> (and bathing caps - swim team only) and (new "chammies" – dice team only). The Aquatic Club Committee will be on hand to help answer all your questions about what to expect for the 2009 season. Weather permitting, we'll fire-up the BBQ, hold a timers clinic, and maybe even have time to go for a pre-season swim! In case of rain, we'll meet in the Omni Centre in Salle B from 7-9 pm.           |
| <b>Aqua Fun Day</b><br>July 4            | <b>A Family Fun Day for the entire community.</b> FUN activities for everyone and it's free! Come and relax by the pool while the kids have fun with friends. The BBQ will be fired-up and the sugar shack will be selling hamburgers, hot dogs, cold drinks, chips and lots of sweet treats including TCBY. We need <b>6-8 volunteers</b> for the BBQ and Sugar Shack.   |
| <b>Photo Day</b><br>July 9<br>At 3:30 PM | <b><u>ALL CLUB MEMBERS</u></b> are requested to come <b>for the team photo</b> wearing their <b>RED T-SHIRTS</b> . Individual or family shots are also taken for those who wish to purchase a photo. Check out the team photo on our website or see it hanging in the trophy case at the Omni Centre. <b>3 volunteers needed to help with Photo day.</b>  |
| <b>Swim and Dive-a-thon</b><br>July 18   | This is the Pincourt Aquatic Club's BIG fundraiser of the season. <b>All club members are asked to participate.</b> A letter and pledge form will be given to each club member in early July with more detailed information. Refreshments are served to all who participate. It's an active and fun way for the kids to raise funds for the club and <b>24 volunteers</b> are needed to make this a success. Participation is optional. If a family is not participating, a donation of 10\$ per member is welcomed to cover the cost of awards and the meal for the end of season BBQ. |
| <b>Sleepover</b><br>July 30-31           | <b>Any child member of the pool is invited to participate.</b> Children start off at the pool for an early evening swim and then carry their gear over to the Omni Centre for a sleepover. Juice and popcorn are served and the children watch a movie. In the morning, juice, fruits and muffins are served for breakfast before the children are picked up at 8 AM. There is a small fee of \$5.00 to cover the cost of the food. Over 50 kids participated last year. Need <b>2 volunteers.</b>  |
| <b>Feed the lifeguards</b><br>August 4-5 | Did you know that lifeguards are always hungry? It must be all that fresh air!! This is your chance to show the guards your appreciation for what they do for your kids!! We have two days to feed the guards: a casserole, some sandwiches, a salad, some muffins or cookies, or even some hot chocolate on a colder day... homemade or store bought... anything goes! In addition, a collection box is set-up for non-perishable donations. The food is distributed to a food bank in our community.  |
| <b>Ado Dance</b><br><b>August 1</b>      | This is an evening event for all the "tweens and teens" from the community. They swim and dance and light refreshments are served.... all around a fun filled theme. Last year the theme was "The Island of Hawaii".  |
| <b>Day Camp BBQ</b><br>August 14         | Annual event <b>for Pincourt City Day Camp kids only.</b> The Aquatic Club volunteers and many of our team members all pitch in to make it a fun day for all the camp's kids. Over 600 hot dogs were served last year!! There is a small charge per camper to cover the cost of the food. <b>8 adult volunteers and many kids helpers</b> needed to make this a success.  |
| <b>Closing BBQ</b><br>August 16          | This is the last event of the season and it's <b>for ALL CLUB MEMBERS</b> and their families. The BBQ is fired up one last time and each club member receives a free meal ticket for a hamburger or hot dog, chip and drink. Awards are presented and each club member will get a medal of participation and there are also a few trophies distributed for high points. <b>8 volunteers</b> needed for the BBQ and <b>6 volunteers</b> to take down the tempos after the event.   |
| <b>Web site</b>                          | Special Thanks to <b>Kent Chown</b> who continues to maintain our web site.... photos, schedules, calendars of events, directions to other pools, forms, letters, special links and lots more. <b>Please visit <a href="http://www.aqua-pincourt.org">www.aqua-pincourt.org</a> should you require any information regarding the Club's 2009 activities.</b>  |

